SPORTS REPORTS & TALKS

AUTHORITATIVE: CHATTY: INFORMATIVE



WEEKLY ATHLETIC NOTES BY

JOE BINKS

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MAY. 1951

Vol. 6 No. 1 & 2

SCOTS ATHLETE

6



EDDIE BANNON (Shettleston Harriers).

JOHN EMMET FARRELL'S RUNNING COMMENTARY.

PUTTING THE WEIGHT. SPORTS DIARY.

PUBLICITY.

GLASGOW POLICE "FESTIVAL OF BRITAIN" SPORTS

(Under S.A.A.A. and S.N.C.U. Rules)

SATURDAY, 9th JUNE, 1951, at 2-15 p.m.

IN HAMPDEN PARK, GLASGOW (Kindly granted by Queen's Park F.C.)

BRITAIN'S PREMIER OPEN MEETING

EVENTS-

100, 220, 880 Yards, 1 Mile, all open Handicaps. 100 Yards Junior Handicap, 100 and 880 Yards, and Relay Race, all confined to Police. Schools' Relay Race. 1,000 Metres Cinder Scottish Championship Cycle Race and 880 Yards Scratch Cycle Race.

SENIOR FIVE-A-SIDE FOOTBALL.

WORLD, OLYMPIC, EUROPEAN, AND BRITISH CHAMPIONS IN INVITATION EVENTS.

MOST VALUABLE PRIZE LIST IN BRITAIN.

ENTRIES close on SATURDAY, 26th MAY, 1951, with LUMLEY'S LTD., 80 Sauchiehall Street; RUSSELL MORELAND & McARA, LTD., 233 Argyle Street; THE SPORTSMAN'S EMPORIUM, LTD., 103 St. Vincent Street, or with the Sports Secretary, T. D. McKIE, Marine Police Office, GLASGOW, W.1.

NO LATE ENTRIES ACCEPTED.

ADMISSION: SOUTH STAND, 7/6, 6/-, 4/6 and 3/6.

All seats numbered and reserved.

Tickets on sale at above Agencies, or any Divisional Police
Office.

SOUTH ENCLOSURE, 3/-; GROUND, 1/6; CHILDREN, 1/-. SCOTTISH AMATEUR ATHLETIC ASSOCIATION.

CHAMPIONSHIP MEETING

HAMPDEN PARK, GLASGOW, FRIDAY AND SATURDAY, 22ND & 23RD JUNE, 1951 (FRIDAY, 7 P.M. and SATURDAY, 2.30 P.M.)

MARATHON CHAMPIONSHIP (26 Miles 385 Yards), on SATURDAY, 23rd JUNE, 1951.

Symington (Ayrshire) via Kilmarnock to Hampden Park.

FRIDAY PROGRAMME :

ELIMINATING EVENTS—220 Yards; 440 Yards; 880 Yards; 1 Mile; Long Jump; High Jump; Hop, Step and Jump; Pole Vault; Throwing the Javelin; Throwing the Discus.

FINAL-Six Miles.

ENTRIES close definitely on SATURDAY, 9th JUNE, 1951, with Hon. W.D. Secretary, D. McL. WRIGHT, 17 Polwarth Gardens, Glasgow, W.2., from whom Entry Forms can be obtained.

ADMISSION :

FRIDAY, 22nd JUNE—STAND and ENCLOSURE, 1/-SATURDAY, 23rd JUNE—CENTRE STAND, 3/6 STANDS, 2/6 GROUND, 1/6 CITY AND ROYAL BURGH OF EDINBURGH LIGHTING AND CLEANSING DEPARTMENT WELFARE ATHLETIC CLUB

ATHLETIC AND FOOTBALL GYMKHANA

(Under S.A.A.A. Laws)

NEW MEADOWBANK, EDINBURGH, SATURDAY, 16th JUNE, 1951, at 2 p.m.

OPEN EVENTS.—100, 300, 880, Mile, 2 Miles (Team and Individual); Medley Relay, High Jump.

SCOTTISH CHAMPIONSHIPS.—Putt and Wire Hammer, Tug-of-War (both weights), 440 Yards Cycle.

SENIOR FIVES

INVITATION EVENTS

Entry Forms from W. CARMICHAEL, 38 Royal Park Ter., Edinburgh.

ONE OF SCOTLAND'S LEADING MEETINGS £250 IN PRIZES.

FIRHILL SPORTS GALA

(Under S.A.A.A. Laws)

Promoted by Partick Thistle F.C. Supporters' Club (Maryhill Branch) and Maryhill Harriers.

AT FIRHILL PARK (By kind permission of Partick Thistle F.C.)

N CATIDDAY ICTH HINE I

ON SATURDAY, 16TH JUNE, 1951 AT 2.15 P.M.

OPEN EVENTS.—100 Yards, 220 Yards, 880 Yards, 1 Mile, High Jump, 100 Yards (Juniors).

DRYMEN-FIRHILL (15 miles) ROAD RACE.

INVITATION.—100 Yards (Short Limit) for Reid Bowl.

3 Miles; 1 Mile Relay.

ENTRIES CLOSE, First Post, SATURDAY, 9th JUNE, 1951, with Messrs. LUMLEY'S LTD., or RUSSELL MORELAND, or Hon. Secretary, F. GRAHAM, 52 Laidlaw Street, Glasgow, C.5.

THE SCOTS ATHLETE

TO STIMULATE INTEREST IN

"Nothing great was ever achieved without enthusiasm."

EDITED BY - WALTER J ROSS

EDITORIAL OFFICES-69 ST. VINCENT STREET, GLASGOW, C.2

TEL-CENTRAL 8443

MAY, 1951.-Vol. 6. No. 1 and 2.

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ONCE again the cross-country season has reached and passed its climax and we are now settling down to preparations for a most active track season. The International at Newport will however go down into athletic history as one of the most gruelling ever as well as the surprise nature of England's great come-back victory.

Saunders Saunters Home In Mud Inferno.

After looking over the course Geoffrey Saunders expressed himself as well satisfied. "Suits me" he said. But other 70 runners were most unhappy about their prospects. After the race Saunders was still happy and the other 70 starters even more unhappy.

Saunders dominated the race and eventually won as he pleased.

How he managed to run so well in that sea of mud is something to marvel at. It surely must rank as one of the most testing Internationals of all time. The course was not hilly or difficult in itself but the mud and water-logged condition made it quite fantastic.

Flies In Treacle.

Even Aaron who played a real captain's part in 2nd place plodded wearily home.

The runners were not so much running against each other as against the course. They struggled in the mud like flies in treacle and each runner to finish deserved a gold medal. Hesketh 4th Hardy 10th, Olney and Robertson in respectively 14th and 16th place equally played their part in England's surprise but gallant win. A. A. Robertson a veteran of 38 years ran in particularly heroic fashion.

Cerou There Again.

The speedy continentals were not at home on the soft going and it was significent that sturdy little Charles Cerou, who came in only as reserve was first home for France in 3rd place. 33-year old Cerou who has now marathon

aspirations and who indeed ran 6th to Holden in last year's European marathon is regarded as a fancied candidate for next year's Olympic at Helsinki.

THE SCOTS ATHLETE

Last year's International champion Theys of Belgium ran well to take 7th place but strong favourite Van de Wattyne undefeated in Europe this year could not get going on this type of surface and fell back to 30th place.

Tracey-Scotland's Star.

Despite the loss of a shoe Tom Tracey ran a grand and gallant race to finish 24th. Considering that he had not been keeping too well, Bobby Reid's 32nd place more than passes muster in this field of 72 runners while in a comparative sense Archie Gibson 4th man for Scotland in 42nd place and Jimmy Ellis 6th man home in 46th place ran well.

But such a course was definitely not Andy Forbes "cup of tea" though he ran gallantly to the bitter end. The same applies to Eddie Bannon. Latterly he was merely going through the motions of running-the excessive mud having sapped his strength and speed.

Charlie Robertson and Alex, Kidd sank in the mud and could not express their speed. It was a frustrating experience for them as try as they could they just could not get going and were comparatively fresh at the finish. For myself I can only say that I have never run in worse underfoot conditions.

At the outset of my athletic career I was a swimmer later I became a runner. Never in my wildest dreams did I expect to take part in an event which appeared to call for a jumbled mixture of the two.

Belgrave, Unofficial Road Champions.

Despite a somewhat inauspicious crosscountry season, Belgrave Harriers demonstrated that road relay racing can be entirely different by fairly rising to the occasion and winning the first unofficial relay championship over the ten stages of the London to Brighton route. A well-balanced combination of stayers and fast track men for the shorter legs is ideal and Belgrave had just that. Alec Olney ran a grand first lap for Thames Valley who eventually finished second. Versatile veteran Robertson of Reading ran a grand race in the long 7th leg-



Photo by H. W. Neale.

G. B. SAUNDERS, the young English star going on to win the International at Caerleon Racecourse, Wales.

his 30.05 brought his club to 3rd place which they held.

Forbes Grand Leg.

Victoria Park started poorly but improved later and in the 7th leg Andrew Forbes with a 30.08 lap (2nd only to Robertson) brought his club up to 5th place, Although a trifle disappointing this position was still good enough to win for the all-conquering Scottish club the medals for "the most meritorious performance." Shettleston Harriers also started poorly but unlike Victoria Park did not improve, although Bannon and Turnbull ran good laps.

Tracey Stars In Festival Race.

Dr. Aaron led England home easy victors of the 9 miles Festival of Britain race after a great race with colleague Walter Hesketh. Tom Tracey ran a sensationally brilliant race to take 3rd place beating among others "laughing boy" Saunders the International champ-Even though Saunders may be suffering from reaction after his brilliant Newport victory-nothing can gainsay Tracey's great performance, Tom Tracey and Eddie Bannon have both put up

performances of great intrinsic merit and could prove a great Scottish spear-head for next year at Hamilton and succeeding years. Their deeds should also instil into Scottish runners a greater "conceit" of themselves, should supply them with that confidence which has been lacking.

A meed of praise is due the entire Scot's team in just pipping Ireland for 2nd place in the team event.

Great Track "Festival" in Prospect.

Preparations are now going on steadily and quietly for the oncoming track season and this being Festival year it should be a specially interesting one-if only the weather is reasonably good.

Among the tit-bits this year will be the Triangular Contest to be held at Cowal Park, Dunoon, in July, and of course the mammoth Police and Rangers galas and the Glasgow and Edinburgh Highland Games. With Ibrox Park unavailable the former switches over to Celtic Park. Then of course we have the various smaller but homely meetings whose local colour often makes them as attractive as the bigger ones.

Apart from certain heavy events which will again be held at the Edinburgh Lighting and Cleansing Welfare Meeting on June 16th the Scottish Championships take place at Hampden Park on June 23rd and contenders must soon get down to business if they mean to do well. Time flies and never quicker than when an athlete is preparing to defend a crown or aspire to one.

INTERNATIONAL C.C. RACE. Caerleon Racecourse, Wales,

31st March, 1951.

	1. G. B. Saunders (England)	54.07
	2. F. E. Aaron (England	54.48
	3. C, Cerou (France)	55.05
	4. W. Hesketh (England)	55.08
	5. A. Paris (France)	55.31
	6. Ben M. Lahoucine (France)	55.34
	7. L. Theys (Belgium)	55.41
	8. H. Lucas (France)	55.45
	9. F. Herman (Belgium)	55.49
į	10. E. L. Hardy (England)	55.50

11. J. Marshall (Ireland) 55.51

12. C. Owens (Ireland)	55.56
13. A. Noliet (France)	56.01
14. H. A. Olney (England)	56.13
15. M. Van Laere (Belgium)	56.14
16. A. A. Robertson (England)	56.15
17. J. Coll (Spain)	56.38
18, A. Amoros (Spain)	56.40
19. J. Varnoux (France)	56,44
20. C. Dewachtere (Belgium)	57.17

Team Placings:

- 1. England-1. G. B. Saunders: 2. F. E. Aaron; 4, W. Hesketh; 10, E. L. Hardy; 14, H. A. Olney; 16, A. A. Robertson: Pts. 47: 23. W. Boak: 28. R. Williamson; 34, A. Chorlton.
- 2. France-3, C. Cerou: 5, A. Paris: 6. Ben M. Laboucine: 8. H. Lucas: 13. A. Noliet: 19. J. Varnoux: Pts. 54: 22. R. Petitjean: 25, B. M. Brahim.
- 3. Belgium-7, L. Theys: 9, F. Herman: 15, M. Van Laere: 20, C. Dewachtere; 21, J. Doms; 27, R. Serroels; Pts. 99: 30, M. Vandewattyne: 31, E. Gailly: 60, A. Deschacht.
- 4. Ireland-11, J. Marshall; 12, C. Owens: 35, D. Appleby; 37, R. Mc-Cabe: 39, A. Anderson: 41, P. Fahy: Pts. 175: 45, K. Maguire: 62, E. Donnelly.
- 5. Spain-17, J. Coll: 18, A. Amoros: 26, J. Guixa; 29, C. Miranda; 36, T. Irizar 64. - Quesada: Pts. 190: 67. -Revert : 68, L. Vegas,
- 6. Scotland-24, T. Tracey: 32, R. Reid: 38, A. Forbes: 42, A. Gibson: 44. J. E. Farrell; 46, J. Ellis; Pts. 226; 49, E. Bannon; 51, C. Robertson; 55, A. Kidd.
- 7. Holland-40, S. Bobaldyk: 47, L. Besters: 48, G. W. Dobbelacre: 50, J. Latast: 52, J. Adriaasen: 56, L. Meyers: Pts. 293; 58, A. v. d. Zande; 65, D. Slegt: 66, H. v. d. Veerdonk.
- 8. Wales-33. D. G. Rees: 43. T. Richards; 53, J. L. Edwards; 54, D. Rees; 57, G. A. Phipps; 59, P. Wallace; Pts. 299; 61, W. Butcher; 63, A. Noonan L. Billas (France), M. Duane (Ireland) and E. Williams (Wales) did not finish. 71 started. 68 finished.

9

PUTTING THE WEIGHT

A BRIEF SKETCH OF SOME GREAT SCOTTISH PUTTERS OF THE PAST

By D. A. JAMIESON.

TATITHIN the limits of the space available it renders a bit difficult the task of reviewing adequately the history of a sport which may be truly described as native to the soil. Throughout the years it has had various titles, being unique in this respect in contrast with other sports events. Perhaps the most popular form, however, is the generic description given in the above title, but other forms such as Putting the Ball, Putting the Shot, and the earlier form, Putting the Stone, are in frequent use to-day. A still further and probably the most picturesque designation was that of Putting the Cannon Ball-indeed this latter title was engraved on a pewter tankard awarded as first prize in the Putting event of Edinburgh University Athletic Championships meeting in the late 1860s.

The putting missile used in the early Highland Games festivals was of varying weight, ranging from 28-lbs., 21-lbs., and there is on record a list of notable achievements accomplished with such weights. Many famous Scottish athletes have distinguished themselves in the practice of this athletic art, both amateur and professional, but it will best serve the editorial purpose if a short sketch is given of such of them as graced the athletic arena in the pioneer days of the S.A.A.A.

It is extremely fitting at the outset of this Introduction to introduce the name of Kenneth Whitton, who became the first holder of the Putt title in 1883-the inaugural year of the S.A.A.A. Championships. Incidentally this event provoked the keenest competition in that the margin of difference between the first three placings was only 24 ins, with a winning effort of 38 ft. 11 ins. Whitton gained many championship titles both in the Putt and Hammer, winning both titles on four occasions. Kenneth was a striking figure of a man, moulded closely to the characteristic pattern of the heavyweight Scottish athlete, and finely proportioned throughout his 6 ft, 2 ins. of bone and muscle. His best championship record stands at 41 ft, 9 ins., and on many occasions he topped the 40 ft. mark. An injury to his right shoulder incurred in the course of his training exercises prevented him on many occasions from giving of his best, and finally put an end to his active athletic career. Kenneth Whitton was best known to later generations of athletes as a field events judge and also an S.A.A.A. administrator, and occupied the Presidential chair of the Association in 1902-3.

Contemporary with K. Whitton was Charles Reid, who as a member of the Edinburgh Academical Rugby F.C. was capped on twenty occasions for Scotland. Charlie Reid was another grand specimen of virile manhood, who would have distinguished himself in whatever form of sport he chose to exercise himself. It was this adaptability which was the reason for his rather infrequent presence in the athletic arena, and such appearances were the result of earnest persuasion by his personal friends rather than a desire to satisfy an athletic ambition. His winning efforts when winning the Putt titles in 1886 and 1887 were 40 ft. and 40 ft. 11 ins, but even those figures did not measure the fullest degree of his excellence in that art.

Outstanding also in his generation was J. D. McIntosh, a Ross-shire man-as also was K. Whitton. They were very close friends, sharing the same rooms in their bachelor days. "Mac" was a ginger-haired giant of a man, possessing abundant reserves of great physical strength, and revelled in tests of strength against his fellow-boarder. McIntosh's excellence in Putting was an outstanding example of the pupil excelling his teacher. for his record of successes in S.A.A.A. Championships outnumbered that of Whitton's. He won both Putt and Hammer events on six occasions, and in 1895 and 1896 achieved record figures with 43 ft. 1 in. and 43 ft. 3 ins. To his credit also stood a Hammer throw (Scots Style) of 117 ft. 3 ins. achieved in 1897 when for the first time the Hammer was thrown from a 9 ft. circle. In the course of his career McIntosh accomplished the heavies "double" on five occasions.

It was not until 1901 that the brothers Nicolson-T. R., H. and G. began to figure in the returns of the S.A.A.A. Championships, to be followed at a much later date (1921) by A. C. when his more famous brother Tom had passed the zenith of his athletic career. It has often been affirmed-and the affirmation will bear reiteration-that there is no record in athletic history to compare with, let alone, surpass, that of Tom Nicolson's The first year of Tom's tenancy of his S.A.A.A. titular possession was in 1902, and he occupied them all (40 in number) for a period of nineteen years. True it is that his most notable achievements have been accomplished with the Hammer (both styles), but it is the extraordinary consistency of form in such an exacting physical effort that compels an unstinted admiration.

A great athlete indeed—and also an equally great gentleman—Tom Nicolson is happily still among us and pursuing his daily tasks as a farmer in his native Buteshire. Tom Nicolson will ever find an honoured place in the archives of Scottish athletic history.

It is interesting to note that A. C. Nicolson succeeded to brother Tom's titles in 1924 holding the Putt championships for eleven years—five of them in successive years.

A formidable opponent in the Putting event to Tom Nicolson appeared in the early 1900s in the person of T. Kirkwood. They had had previous experience of each other's mettle when meeting in the A.A.A. Championships of 1904, when Kirkwood had to give best to his brother Scot. Kirkwood-another Tom-was a Liverpool policeman, and his initial entry in the S.A.A.A. Championships was endorsed by a local Territorial body-the Liverpool Scottish. In his later entries he competed in the colours of the Bellahouston Harriers. Kirkwood's successes in the Putt event of the S.A.A.A. Championships were few in number, but they all bear the hall-mark of excellence. His

three successive wins in 1906-7-8 were gained with putts of 45 ft. 2 ins., 45 ft. 7 ins., and 43 ft. 2½ ins. (decided for the first time from a 7 ft, circle), speak for themselves, and his record of 45 ft, 8½ ins. accomplished at Aberdeen in 1906 still remains as a Native best.

To these great exponents of the Putting art many generations of Scots athletes have succeeded, and in their turn added lustre to a long roll of athletic champions. It is certain that in these days of intensive coaching and further education in the technique of the art new records must be made. Nevertheless an exceedingly high standard of achievement has been established by those old-timers, which must inevitably evoke a sincere admiration and also prove an inspiration to the younger generation of athletes who are striving now for the highest honours of their sport.

On going to press we learn with regret that at the age of 71 Tom Nicolson passed away in a Glasgow hospital in mid-April.

We have felt the references to him by D. A. Jamieson in his essay should stand as written some time ago.

SPORTS

(Under S.A.A.A. Rules)

AT LANARK RACECOURSE, THURSDAY, 7th JUNE, 1951,

at 3.30 p.m.

EVENTS :

100 Yards, 220 Yards, Glasgow Lanimer Cup (880 Yards), One Mile Handicaps, Edinburgh Lanimer Cup (440 Yards) Youths' Handicap, One Mile Relay Race (Invitation).

ENTRIES close on WEDNESDAY, 30th MAY, 1951.

Nos. 240 and 242 buses leave Waterloo St., Glasgow, every 15 mins. Regular Train Service from Glasgow.

Sports Convener: -- Councillor M. STODDART, Fruiterer, High Street, Lanark.

J. A. SAVIDGE

BRITISH RECORD-HOLDER, SHOT-PUT AND DISCUS.



Photo by H. W. Neale.

MAKING A NEW BRITISH RECORD.

One hundred and Seventy-eight days after reporting to Chief National Coach Geoff-Dyson, 232 pound, 6 ft. 7 in, 25 year-old, Nottingham born, John Savidge, became the first home athlete to beat 50 feet with the 16 lbs. shot.

Savidge, a natural 42 ft. shot-bunger, had a meteoric rise. His first target was the 48 ft. 6} in. English native record set by ex-Guardsman John A. Giles in the pre-liminaries of the Olympic weight putting at Wembley on 3rd August, 1948. Completing at Gillingham, Kent on 23rd July, 1949, Savidge reached 48 ft. 10} thus displacing also "Bonzo" Howland's 48 ft. 9 ins. made during an Achilles tour (1935) in South Africa, as the best British mark. On September 4th at Bordeaux, Savidge reached 49 ft. 3 and then had to wait until the A.A.A. v. Oxford-Cambridge match at Fenner's, Cambridge on a chill November afternoon. Among the officials was a St. John's College don, once R. L. Howland, and also, his predecessor as English Native record-holder, Rex Salisbury Wood, who, though but 12 stone, reached 45 ft. 1\(\frac{1}{2}\) ins. in 1927. Savidge resplendant in his R.N. and R.M. vest and his tattoos, took the circle and scattered a host of pressmen standing expectantly on the 50 ft. line, History was made at 51 ft. 4\(\frac{1}{2}\) ins. This was followed by an explosive effort of 53 ft. 2\(\frac{1}{2}\) ins, but the front of the circle was overstepped by 3 inches.

Having reached 49 ft. 3 ins. in a standing putt (Fuchs alone can boast 51 ft.), Savidge represented the A.A.A. v. London University at Morspur Park on May 3rd, 1950. Coming from behind to pass Giles' great 50 ft. 8 ins. effort, he went over to the discus circle and there unleashed a throw of 151 ft. 5½ ins. for another new native record. His next effort was 154 ft. 6½ ins., which erazed also Dave Young's 1938 Glasgow mark of 153 ft. 8 ins. as the British (National) Record. Ten days later at the White City Savidge surpassed Harry Hart's 51 ft. 7 ins. British Empire Best (Capetown 1931) by 4½ ins. for another record. At Brussels there was dissappointment when he failed to reproduce his 51 ft, form in the preliminaries so to take the easy second place. At Paris with a heave of 51 ft, 5½ ins. he was right back and with his 35th putt over 50 ft. broke the record for this 29 year old series versus France. In 1951, his third season, he started off as one of the small visiting British team to make new Pakistan records in the Shot and Discus and putted 5 times over 50 ft. and once over 51 ft. in exhibition. We all wish the Mighty Marine yet more success in the part he, like so many others, is playing in Great Britain's athletic renaissance.

N. D. McWHIRTER.

The Technique of Putting The Weight

By T. MONTGOMERY (Hon. Senior Coach).

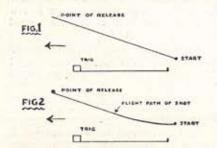
I concluded my last article by advising throwing men to learn and to take up sprinting. Knowing most of the throwing men in Scotland, I think I'm quite safe in saying that with very few exceptions, none practice running during training. Going further I would say that in the main technique is more or less not given regard, and to my mind our athletes perform oftener by copying someone who had done well rather than with a knowledge of the technique required.

However, to return to sprinting as it affects throwing men. All throwing events require speed of movement for their execution and that includes slinging the 28 and 56 lbs. weights. What better means can we use to attain this than sprinting which calls for the fastest possible movement. I'm not suggesting that all our throwers should enter the sprints! What I do suggest and advise, is that all should practice starts and short dashes, and this should be done regularly and progressively as part of their preparation and also during the season. Join the sprinters when the opportunity offers, and try to match them over the first few yards.

In general the pre-season preparation should be on the lines as suggested in my previous article (January, 1951) but with emphasis on building and strengthening and speed work.

Let us now consider Putting the Shot as we have seen it and see what can be done to improve the general performance. Firstly, we do not lack men of physique, men of height, weight and strength, but to my mind the results obtained prove that technique and proper training is lacking. Brute strength alone does not take one to the top and the days when it did have now gone, forever I hope, Now good technique cannot be developed unless the event is understood, and a thorough knowledge of the event is first of all acquired. Having acquired knowledge, practice the event step by step, each setp being mastered before passing to the next until all steps are mastered and co-ordinated into a smooth fluent whole, then and only then should distance be sought. This I know requires patience and perseverance but it is the only way to the top.

Let us go through the movements of the event, and, remember that these movements are confined to a circle 7 ft. in diameter, somewhat restricted for big men, but showing the need for agility and speed. First of all, theoretically, the best possible path for the shot between the starting position and the point of release is a straight line (Fig. 1.), but unfortunately this cannot be achieved. It can however be in a straight line in the direction of the putt, and with a flat curve in relation to the ground, with the first part nearly horizontal (Fig. 2.). This ensures maximum accelleration with no divergence of power.



What do we see most often?

The shot putter standing nearly erect at the start and tensed, hopping across the circle (Fig. 3.), landing with feet square to line of direction, feet landing together or front foot first, shoulders rotated backward at end of glide, thus bringing the forward movement of the shot to a stop in fact changing its direction (Fig. 4.) then twisting the shoulders square to the front and commencing the arm movement before the trunk has gained a vertical position (Fig. 5.), releasing the shot with probably both feet off the ground, due to the reverse being made too soon.

The result of an effort like this shows all too painfully on the measuring tape and is the reason why we have so few men who can beat 40 ft., never mind 50 ft.

If this method does not get the results desired, what technique can we employ? The technique which will produce results is as follows:—

(For right hand putter).

Hand Hold.

The shot should be held so that it rests at the base of the first three fingers behind shot, with thumb and little finger on each side and wrist bent backwards. This will permit a hand flick to be used at point of release. (Do not place shot in putting hand until ready to commence putt in competition.)

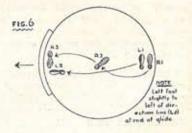
Initial Stance.

The initial stance is taken up with the right foot just inside back of circle, facing at right angles to direction of putt, body weight on right foot with leg slightly bent, trunk bent to right (do not let the seat stick out), shot tucked into base of the neck just behind the chin, head in normal alignment, left arm raised forward and upward bent at the elbow to provide

balance, and be as relaxed as possible. Elbow of putting arm may be under shot at this stage but must be behind shot at the end of the glide.

Glide.

It is most important that it is a glide and not a hop. This may be preceded with a preliminary swing of the left leg. but whatever type of swing is used it must not interfere with the position and the flight path of the shot. The glide commences by overbalancing forward. and at the same time the left leg swings forward and upwards to assist the forward momentum. The original position of the trunk should be maintained (with seat well in) during the glide and the feet must get ahead of the shot, with the right or rear foot (which is kept as low as possible even scraping the ground) landing first, slightly before front foot, with both feet splayed outwards at at least 450 (Fig. 6.) and well apart to provide a sound base with the right or rear leg bent so that the foreleg is vertical to the ground. This position will enable the sequence of movement to be continued without pause, without divergence of power and permit a much stronger leg drive (Fig. 6.).



Leg Drive.

The rear leg is now powerfully extended, then rotated inwards driving the right hip forward and upwards. To obtain maximum force from the leg drive, hip joint knee joint and ankle must be in line and foreleg must not exceed the vertical angle. From this position the muscles concerned (quadracpls) are working in this inner range and at their strongest.

Lateral Trunk Movement.

This movement is made by bringing the trunk vigorously to the vertical position without any rotation or twisting of the shoulders. This in my opinion is one of the vital movements which our shot putters have not mastered. This lateral trunk movement provides an extremely strong force when executed properly but requires lots of practice which should be done from the standing position. Do not take shoulders out of line of direction.

Rotation.

As the trunk reaches the vertical position the shoulders are vigorously rotated or twisted to the front. This rotation will be completed before rear leg drive is completed. On no account must the left shoulder be allowed to drop, (a very common fault). It must be kept up to prevent body breaking away to left. The Rotation is assisted by the non-putting arm which up till now has acted as a balancer. This is done by bringing it vigorously backwards and into the body, not by straightening the arm and sweeping it back as this a longerlever and therefore slower. Remember speed of movement is as vital in the putt as in a sprint start.

Extension of Putting Arm.

This movement is the last but one to be made and should not be commenced until just before the rotation is completed, and is executed with a violent extension of the putting arm with the hand behind and under the shot.

Finger Flick.

This is the last and weakest effort made to propel the shot and is made by extending the wrist and fingers just, only just before the arm is fully extended. This may only gain a few inches but should be attempted.

Pivot or Rock Over.

While these last movements are being made the body weight is transferred from rear to front foot so that body pivots or rocks over the front leg, and at the moment of release the line of action is straight, and through putting arm, trunk and front leg.

Point and Angle of Release.

By pivoting over the front leg the point of release is well out in front of the trig thereby giving a greater distance in which to apply power to the shot. Angle of release, i.e., flight path of the shot as it is released should be between 40° or 43° to the horizontal.

Recovery or Reverse.

Obviously with the body weight well over the trig something must be done to keep inside the circle. This is done by bringing rear foot to front and bringing front foot (Fig. 6) back and upwards to maintain balance and control. Keep rear leg flexed when it comes to the front as it makes it much easier to maintain balance. Forget all about the reverse in the early stages of training as it will inhibit the pivot or rock over. In advanced training always regain control and walk out of rear half of circle. Make this a habit as it is required by the rules.

The movements should be performed in this sequence and should be practiced separately to start with then moulded together until there is complete co-ordination. Always aim for controlled relaxation during the early part, start slowly accellerating smoothly and continuously culminating in violent explosive effort.

If you have no coach get a friend to watch you so that he may be your mirror.

A few points in conclusion, relax as much as possible at start, keep trunk bent to rear, then glide, keep seat in glide, do not hop across circle, get feet ahead of shot, make sure feet are splayed outwards, get elbow behind shot at end of glide, make full use of lateral trunk movement, do not drop left shoulder, follow flight path of shot with eyes, do not worry over reverse to start with, always leave by rear half of circle.

Advertisers Announcement

The Best Food for Athletes

In 1922 J. P. Clarke, of Belfast, was lacking in stamina and almost unknown in the athletic world. But early in 1923 he overheard a crack runner commending Orzone Emulsion for stamina, so he began taking it. A month later he became the half-mile and mile champion of Ireland. Next year he repeated his principal 1923 victories. During those two seasons he carried off 160 prizes.

A most interesting article about Clarke and his method of training will be found in a little book entitled "The Easy Road to Health," 9d, post free from The Orzone Shop, 72 St. Vincent St., Glasgow, C.2.

JIM FUCHS.

World Record Holder.

It would be absurd to have features on the shot event without mentioning the undoubtedly greatest exponent of all time, 23 year-old, Chicago-born, former Yale student, salesman Jim Fuchs. The athlete to whom breaking records is not an event but a habit!

It is not possible at present to cover his wonderful career, and we here only mention some high-lights. Though leading in the qualifying rounds and going on to three times better Hans Woelke's former record he had to be content with 3rd place in the 1948 Olympics, to Wilbur 'Moose' Thomson and Jim Delaney. The latter two with Chuck Fonville ranked above him for that season.

The 1949 season was all Jim Fuchs. Imagine a 3 day dual meet (U.S.A. vs. Scandinavia) at Oslo and a shot-putter the hero of the whole affair! For at that meeting exact date Thursday 28th July—he made a new world-record of 59 ft. 4\(\frac{3}{6}\) ins. which was 4\(\frac{1}{6}\) ins, better than Fonville's year-old mark. Before completing his series—it was his 2nd try—the huge crowd went into wild cheering as he completed a lap of honour at "propaganda speed."

. 1950 was even greater. Bettering his credited W. R. mark several times he was rarely under 57 ft, and had 5 over 58 ft. A new A.A.U. record of 58 ft. 5½ ins. at Los Angeles and then in an amazing Swedish tour he concluded at Eskilstura on 22nd August with 58 ft. 10½ ins.! This awaits ratification.

Incidentally he ranks as one of the greatest ever Discus throwers. Undoubtedly a super-man!

Hemsley Breaks Course Record.

Bert Hemsley of Gosforth was in rampant form in winning once again the Doncaster to Sheffield marathon in 2 hrs. 35 mins. almost 7 mins. faster than Jack Holden's course record conditions may have been better than usual as all the leading runners put up a fast time. Nevertheless Hemsley's time does represent fast running.

EMPIRE CHAMPION— MATAIKA TUICAKOV

There is tense excitement in the 100 metres dash, fluctuating interest in the longer track races, drama and expectation in the marathon, and glorious spectacle in the pole vault; but too often the poise and explosive effort of the shot putt is only for the connoisseur.

We admire their magnificent torsos, their formidable physiques, but when they take the steel ball in their hands their serious mien may not engage us. The giants lose their geniality; they are obsessed by their task; they freeze us with their severity.

But Empire Games Shot-Putt champion, Mataika Tuicakov of the Fiju Islands is not of that kidney.

His magnificent bronze physique, his white teeth, his sunny smile mirror the South. He is crude in style yet he exudes personality and the joy of living in everything he does.

Competing with a hand injured in training he doffs the bandage lest it appear to give him an advantage over his fellow-competitors. Finally he heaves the missile 48 ft. 1 in. to victory, only 1½ ins. outside the Games record. Flushed with victory he leaps on the victor's rostrum before being invited to do so and before donning his sweat suit. But nobody is irritated or offended for everything Tuicakov does is without malice, everything is boyish and naive. The Fijus are proud of their son from Totoya. for he has given them their first International success. He is crude in style. yet he has a heave of 49 ft, 91 ins. to his credit.

With finer technique this flamboyant giant of the South could be a formidable opponent at Helsinki. If he does compete few will be more colourful.

J. E. FARRELL,

Found at 'National. Running equipment. Losers should contact the editor.

BURGH OF COATBRIDGE—MONKLAND H. FESTIVAL OF BRITAIN.

SPORTS MEETING

(Under S.A.A. Laws)

Promoted by

COATBRIDGE TOWN COUNCIL & MONKLAND HARRIERS

AT CLIFTONHILL PARK, COATBRIDGE

ON SATURDAY, 26th MAY, 1951, at 2.45 p.m.

LIST OF OPEN EVENTS.

	LIST OF OPEN	TATINITY	5.	
		VALUE OF PRIZE		ZES.
		1st	2nd	3rd
1.	100 Yds. Flat Race Handicap	110/-	70/-	40/-
2.	220 Yds. Flat Race Handicap	110/-	70/-	40/-
3.	880 Yds. Flat Race Handicap	110/-	70/-	40/-
4.	One Mile Flat Race Handicap	110/-	70/-	40/-
5.	100 Yds. Youths' Flat Race Handicap (Under 19 yrs. on 1st Mar., 1951)	70/-	50/-	30/-
6.	14 Miles Open Road & Team Race	1st Individual 50/- Sealed H'cap.		
7.	High Jump Handicap	Two Prizes.		
	INVITATION E	VENTS.		
8.	2 Miles Team Race	1st Indiv. and 2 Sets Team Prizes.		
9.	The second of the second of the second			
	Tournament	Two Sets Prizes.		
10.	Schools' Relay Race	Thre	e Sets Priz	zes.
E	NTRY FEES, 1/- each Event e	xcept No.	5 which i	s 6d.

ENTRY FEES, 1/- each Event except No. 5 which is 6d. Road Race Team Event, 10/- per team.

ENTRY FORMS can be had from Messrs. LUMLEY'S LTD., 82 Sauchiehall Street, Glasgow, or Sports Secretary, Mr. DAVID SCOTT, 53b King Street, Coatbridge.

ENTRIES close on SATURDAY, 12th MAY, 1951.

PUBLICITY FOR ATHLETICS

By G. S. BARBER.

HOW can we bring back the old days when athletic sports attracted ten of thousands whilst now they only attract thousands? Is there something lacking in our method of influencing the public to attend our meetings? What are other countries doing about this, why are they successful and why do we fail?

A friend of mine was in Spain on holiday during the New Year period and with great gusto described the astounding affair which attracted their attention on New Year's day in Barcelona.

They were awakened by screaming motor-cycles by the dozen and bands playing and on looking out of their window were astonished to see the whole Avenue lined with thousands of people directed by police and soldiers. "Surely with all this fuss this must be General Franco" they thought and hurried down to the street to secure a place to view the show. As they waited the excitement grew intense, again motor-cycles with their screaming sirens brought everyone to life and all stretched their necks to peer down the Avenue which was lined by crowds for miles.

At last a soldier fired up a signal rocket and the crowds in the distance commenced cheering and as the roar increased the excitement got intense as a fleet of motor-cycles cleared the way, but -instead of General Franco there came into sight a small runner. He was Beviacqua of Italy and he was winning the Grand Prix Jean Bouin Trophy. Then came hundreds of runners in procession and it was pretty evident that some had never run before for there were distressing scenes as ambulance attendants dashed forward to succour them and drag the feeble ones out of the way of the remaining milling runners.

It was reported that over 300,000 people gathered to see the race which was over 5½ miles, the winners' time was 28.14. It was a surprise win for the veteran Beviacqua and he was followed by Hamza, France, 28.14, Cerou, France, 28.49 and Mahout, France, 28.49. The

first Spanish runner was Quesada whose time was 29.13.

This race is known as the "Round the houses" race and it is every young athlete's ambition to compete—at least—let alone to win. Let's look at our races, no matter how important they are to us they do not attract the attention of the public.

In Sao Paulos in Brazil they hold an annual race across the city about 4½ miles and it attracts about 2,000 competitors. Here again hundreds of thousands of spectators throng the city streets to witness this event. This year the 26th Silvester race was won by Belgium's International Cross-country champion-Lucion Theys who beat the Finn Koskela in a last desperate hundred yards dash. They's time was 22.37 and Koskela's 22.38. The Brazilian runner Filipe was third in 22.51 followed by Blomster, Finland and Vernoux, France.

Again this intense interest by the public only fanned by publicity. What can we do to cause this interest?

What is Italy doing about it? Last year the Italian Olympic Committee subsidised sport to the tune of over half a million pounds-they derived this from their State controlled football poolsalso 100 million Lire were earmarked for Italian preparations for the 1952 Olympic Games in Helsinki, I wonder how much our association have in the kitty for this purpose? I can well imagine they are now preparing letters to send for interested people to subscribe to a fund to send out teams across. I think the answer is publicity and yet more publicity. I know people will say there is no space in the papers for this but I am sure if the results were wrapped up a little more flowery, the public would be interested in athletics.

The bold bare facts is not enough. I read today in one of our so-called 'National' newspapers the result of the English C.C. Senior championships that Eddie Bannon, Shettleston Harriers ran fourth and the sublime understatement "his team finished second"! That's all,

not a scrap of praise at such a wonderful feat, second to the best in Britain. The papers will fill a couple of columns with photographs of a silly couple running to Gretna Green to be married, "they wanted a quiet wedding," what a joke! We should offer that young man a job as a publicity agent, he got enough—in fact more than we gave to the results of the Olympic Games in our general newspapers. Most of us spend more money than we care trying to get information about athletics.

Do we attempt to attract outsiders or is the little information that is published just for our own information. I am sure if anyone WAS interested in cross-country running that would have found very little about where our Scottish championships were held on Saturday. Even if they had located the venue they would have not known what was happening.

I know this is a carp—a grumble, but for goodness sake let's do something out of the ordinary to let the public know what is going on and that we are trying our best to turn out runners able enough to uphold Scotland's honour in International competition.

How often do we see photographs in our daily press of athletes in action, yet I see enough press-men performing with cameras.

Is it because we are part time athletes and our journalists are part time journalists and they cannot demand space amongst their full time brethern.

I am old enough to remember reading on an evening paper contents poster "GREAT VICTORY FOR BRITAIN IN AMERICA." It was not a war, no it was Alfred Shrubb had beaten Longboat the Canadian in a ten miles race on the track at Madison Square Garden, New York.

I saw the Royal Albert Hall, London packed to see a full distance marathon race run on a track INSIDE the hall between C. W. Gardner and Dorando. Those were the days when athletics were a great draw.

Can they come again?

JOHN McCULLOCH.



Mr. John McCulloch, Maryhill Harriers, President of the National Oross-Country Union during the two years 1907/1909 and President of the Scottish Amateur Athletic Association during the years of the first Great War 1915/1919 was a well kent figure in Athletics in Scotland. His passing is a loss to the Sport, for he gave a lot of his time in a legislative capacity, indeed he figured for half a centuary in a Committee role in the Government of the Sport.

To the rank and file he was perhaps better known as an Official Handicapper who never wavered in his effort to act strictly impartially, and was ever tactful. In many other spheres he played a mans part in the service of man kind, occupying important Offices in the Y.M.C.A. movement and Church. Despite the handicap of his protracted indisposition he laboured on until the very last.

G.D.

We have not, by any means, been able to publish a great deal of interesting shotput data by us. Space permitting we will give this in the June number.

SPORTS DIARY

 Denny and District Sports Festival—Denny. Larkhall Sports Association—Larkhall. Shettleston v. Ayrshire Clubs-Glasgow. 9.-Glasgow Police (Confined)-Scotstoun. 12 .- St. Modan's A.A.C .- Stirling. "Right of Way Races"—Brechin. Edinburgh Univ. A.C. v. Glasgow Univ. A.C. Craiglockhart. 14.-Rob Roy F.C. Festival Sports-Kirkintilloch. 19.—Edinburgh Southern H. v. Shettleston H. v. St. Andrew's Univ. A.C. v. Notts A.C.— Edinburgh.
Glasgow Highland Games—Celtic Park.
Scottish Y.M.C.A. Championships—Carluke.
Glasgow University v. Aberdeen University -Westerlands. Victoria Park A.A.C. v. Edinburgh Univ. A.C.-Glasgow. 23.—H.M.S. "Caledonia" v. Edinburgh Univ. A.C.—Rosyth. 24.-Edinburgh Southern H. v. Edinburgh City Police A.C.-Myreside. 25.—Edin, Bn, Boys' Brigade—New Meadowbank, 26.—H.M.S. "Caledonia" v. Edinburgh Northern H.—Rosyth. Edinburgh University Sports-Craiglockhart, London Caledonian Games-White C. London. Glasgow Univ. Championships-Westerlands. Monkland H, and Coathridge Town Council-Inter-Counties A.A.A.—Glasgow.
Royal Dick Veterinary College Sports— Craiglockhart. June. 2.—Singers A.C.—Clydebank.
Lanarkshire Constabulary—Shawfield.
Babcock & Wilcox A.A.C.—Renfrew. Inter-Varsity Championships—Westerlands. Peebles-shire Schools—Peebles. Edinburgh Milton A.W. & A.C.—New Meadowbank. Duns A.A. & H.C.-Duns. 5/7.—EASTERN DISTRICT CHAMPIONSHIPS AND SPORTS DISPATCH TROPHY -NEW MEADOWBANK. 8,-Hawick Common Riding-Hawick. Flawick Common Kuning—Hawick.
 North British Rubber Co., Ltd.—Sanghton.
 SCOTTISH WOMEN'S A.A. CHAMPION-SHIPS—NEW MEADOWBANK.
 Bathqate St. Mary's A.A.C.—Bathqate. Strathtay Harriers-Perth. Watsonian A.C. v. Edinburgh Univ. A.C .-Myreside. Glasgow Police A.A.—Hampden Park. Stevenston Highland Games.—Stevenston. 11.-Glasgow Inter-Club Contest-Glasgow. 12.—Edinburgh Northern H. v. Edinburgh Southern H.—New Meadowbank. 13.-Lanarkshire A.A.C.-Shotts. 14.-Watsonian A.C. v. Heriot A.C.-Myreside. 16 .- Edinburgh L. & C. Welfare A.C. Sports-New Meadowbank. Association of Girls' Clubs-Dundee, Fife and Kinross District Union of Y.M.C.A.s Markinch. Scottish Schools' A.A. Championships-Edinburgh-Motherwell and Wishaw Police and Mother-well Y.M.C.A.-Motherwell. Partick Thistle Supporters' Club-Firhill. 19.-Scottish National Cyclists' Union-Helenvale. Heriot Trophy Contest-Goldenscre. 23.-Edinburgh and District Inter-Works Sports-New Meadowbank. Edinburgh Federation of Catholic Boys' Clubs -Saughton-

22/23_SCOTTISH A.A.A. SENIOR CHAM-PIONSHIPS—JUNIOR RELAYS AND MARATHON—HAMPDEN PARK.

23 .- Inter-Counties Youth Athletic Meeting-Renfrew. 26.—Glasgow Corporation Transport A.C.— Watsonian A.C. v. Edinburgh Northern H. v. Edinburgh Eastern H.-Myrcside. Inverness Highland Games-Inverness. H.M.S. "Caledonia" v. Watsonian A.C.-Myreside. Heriot A.C. v. Shettleston H .- Goldensere. Tillicoultry and Hillfoots A.C.-Tillicoultry, Edinburgh City Police A.C.-New Meadowbank Braw Lads' Gathering-Galashiels. Butlin's Highland Games—Ayr. Stewarton Bonnet Guild—Stewarton. Dalbeattic Town Council. Scottish v. English Universities-Glasgow. 5.—S.A.A.A. v. ATALANTA A.C.—NEW MEADOWBANK. 7.—SCOTTISH JUNIOR CHAMPIONSHIPS & SENIOR RELAY CHAMPIONSHIPS— NEW MEADOWBANK. Dundee North End F.C.—Dundee. Women's A.A.A. Championships—White C., London. Ardeer Recreation Club-Ardeer. Hamilton Harriers-Hamilton -Teviotdale Harriers (Evening). Broxbura Athletic F.C.-Broxburn. 14 .- Edin. Waverley F.C.-New Meadowbank. Tayport Town Council-Tayport. Airdrie Highland Games-Airdrie. West Kilbride A.S.C.-Largs. 13/14-A.A.A. CHAMPIONSHIPS-WHITE C., LONDON. 14.-Forres Gala Sports-Forres. 16 .- Maryhill Harriers-Dunoon-19 .- Press Charities Gala-Edinburgh. 21.—Aberdeen Town Council—Aberdeen.
Heart of Midlothian F.P. Club—New
Meadowbank. Linlithgow Town Council-Linlithgow. Helensburgh Highland Games-Cam-Eskan Park. 24.—Blairgowrie Junior F.C.—Blairgowrie. 28.—BRITISH POLICE CHAMPIONSHIPS— MURRAYFIELD. West Calder A.A. Sports Association-West Calder. A.A.A. JUNIOR CHAMPIONSHIPS and A.A.A. MARATHON CHAMPIONSHIP BIRMINGHAM. Vale of Leven A.A.C.—Alexandria. TRIANGULAR MATCH (England/Wales— Ireland—Scotland)—DUNOON.
Inverness Gathering—Inverness. 4/6.—GREAT BRITAIN v. FRANCE—WHITE CITY, LONDON. 4.-Rangers F.C.-Ibrox. 11.-British Games-White City, London. Carluke Charity Sports-Carluke. 18 .- Milngavie Highland Games-Milngavie. Bute Highland Games-Rothesay. Perth-Dundee Road Race. 23.—Edinburgh City Police A.C. Inter-Divisional Sports—Edinburgh. 24/25-Cowal Highland Games-Dunoon. 25.-Teviotdale Harriers-Hawick. Jedforest A.A.C .- Jedforest. 25/26 .- Great Britain v. Yugoslavia. 29/30 .- Great Britain v. Greece.

1/2 .- Great Britain v. Turkey.

1.—Shotts Highland Games—Shotts. 8.—Edinburgh Highland Games—Murrayfield.

GLASGOW HIGHLAND GATHERING

(Under S.A.A.A., N.C.U., and S.A.W.A. Rules)

Promoted by HEPBURN & ROSS, SCOTTISH PIPE BAND ASSOC.
(Glasgow Branch) and MARYHILL HARRIERS.

CELTIC PARK

(by kind permission of CELTIC F.C.)

SATURDAY, 19TH MAY, 1951,

ATHLETIC EVENTS:

OPEN HANDICAPS.—300 Yards (Junior); 100 Yards, 220 Yards, 880 Yards, 1 Mile, High Jump, Pole Vault, 16-lbs. Scots Hammer (Sc.), 56-lbs. Weight over the Bar, Tossing the Caber.

20 MILES ROAD RACE (Sealed H'cap.)

INVITATION.—Schools, Junior and Senior Relays, 3,000 Metres (Sc.), 16-lbs. Ball Handicap, Throwing the Discus.

CYCLE EVENTS:

440 and 880 Yards Handicaps., 8 Laps Australian Pursuit Race.

WRESTLING:

Catch-As-Catch-Can (11st. 7 lbs.), Cumberland (11st. 7 lbs.), Cumberland (10 st. 7 lbs.) Scottish Championship.

ENTRIES CLOSE, First Post, SATURDAY, 5th MAY, 1951, with:—
Messrs. LUMLEY'S STORES, 82 Sauchiehall Street, Glasgow; THE
SPORTSMAN'S EMPORIUM, 103 St. Vincent Street, Glasgow;
RUSSELL MORELAND, 231 Argyle Street, Glasgow; or The Athletic
Secretary, F. GRAHAM, 52 Laidlaw Street, Glasgow, C.5.